Rabbi Rebecca Schatz - July 11, 2023

**Value: Starting Something New, Saying Sorry** 

In Hebrew: Teshuva, Selicha

Holiday: Rosh HaShanah, Yom Kippur (beginning of year)

In school -

Terms to use:

1) Shana Tova - good year

2) Teshuva - return, do better

3) Selicha - sorry

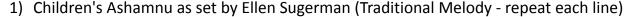
Books to read:

1) Beautiful Oops

2) It's Ok to Make Mistakes

3) The Day the Crayons Quit

Songs to sing:



We are good

And we try every day

To do our best

But we all make mistakes

Sometimes we forget To put away our toys Or play nicely and share With other girls and boys

Ay, ay, ay....
I am sorry!

Sometimes we forget

To say thank you and please

Or cover our mouths

When we cough and sneeze

We will try

To do our best each day And if we make mistakes

We will say

Ay, ay, ay...
I am sorry!

2) Apples Dipped in Honey for Rosh HaShanah Shana Tova, Shana Metukah Apples Dipped in Honey for Rosh HaShana

3) Shofar Blast by Ellen Allard (Shofar Blast sung by Elana Jagoda)

I like to hear the shofar blast

Sometimes slow and sometimes fast!

I like to hear the shofar blast

Happy, happy happy new year! (to end, repeat last line 3x)

1. T'ki-ah----- (echo) (chorus)

- 2. Sh'va-rim----- (echo) (chorus)
- 3. T'ru-ah ha ha ha ha ha ha ---- (echo)
- 4. T'ki-ah g'dolah----- (chorus)



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#### Activities to do:

- 1) Make a honey jar and have each kid tell you something that is sweet in their life. You can write it underneath or use mod podge to paste it on the bottom so when they dip they can see it
- 2) Create a "say *selicha*" board for when we can and should say sorry. You can use stickers to show when the class has said sorry for certain things (i.e. pushing down someone's blocks, taking a toy, not talking nicely to a friend, etc)
- 3) Make shofars with each kid (paper plates and kazoos work) and use the different sounds to mean different things throughout the day: many short blasts time to clean up, long blasts rest time, three medium length blasts circle time (or whatever works best for your class)

#### At home -

#### Activities:

- 1) Make their own "say selicha" board for the whole family
- 2) Make a target magnet chart for when we miss the mark moving the target closer and further away (closer to doing great positive reward, moving away from target needing to recenter and take a break)

- 1) Selicha sorry
- 2) *Todah* thank you
- 3) Shana Tova good year



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**Value: Welcoming Guests** 

In Hebrew: *Ha'Ch'na'sat Or'chim* Holiday: Sukkot (October-ish)

### In school -

## Terms to use:

- 1) B'ru'ch'im Ha'ba'im welcome everyone
- 2) Shalom hello, goodbye
- 3) Bayit home
- 4) Or'eh'yach guest

## Books to read:

- 1) Welcome to Our World
- 2) Stellaluna (with some developmentally appropriate page turns)
- 3) Brown Bear
- 4) It Could Always be Worse
- 5) No Matter Who You Are Everyone is Welcome

## Songs to sing:

1) Shalom Chaverim

Shalom Chaverim, Shalom Chaverim, Shalom, Shalom
L'hit'ra'ot, L'hit'ra'ot, Shalom, Shalom
Goodbye my friends, Goodbye my friends, Goodbye, Goodbye
We'll see you again, We'll see you again, Goodbye, Goodbye
Shalom, Shalom

- 2) Good morning "Boker Tov" <a href="https://music.apple.com/us/album/shiron-lgan-jewish-songs-for-children-ages-2-5/310960235">https://music.apple.com/us/album/shiron-lgan-jewish-songs-for-children-ages-2-5/310960235</a>
- 3) Mishpacha Song Mishpacha Song

These are the members of my family, in Hebrew we call it *mish'pa'cha* (*mish'pa'cha*)

We all live in a bayit (a bayit), the home of my mish'pa'cha

There's my mom, that's eema say eema (eema)

My dad, he's abba, say abba (abba)

There's my brother he's ach, say ach (ach)

There's my sister, achot, say achot (achot)



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My grandma, she's savta, say savta (savta)

There's my grandpa, he's saba, say saba (saba)

My aunt doda say doda (doda)

My uncle dod, say dod (dod)

My doggy, kelev, say kelev (kelev)

My fish, thats dog, say dog (dog)

### Activities to do:

- 1) Create decorations for the sukkah with the kids' faces (they can decorate) and someone they are welcoming into the sukkah (parent, sibling, animal, grandparent, teacher, TV personality, etc)
- 2) Making bird houses (a welcome environment for nature to visit us)

#### At home -

#### Activities:

1) Find a way to invite different people in your life to your home or sukkah if you have one and give your kiddo something to "do" to prepare the table/house

- 1) *Todah* thank you
- 2) Bevakasha please
- 3) Lo Todah no thank you
- 4) Mishpacha family



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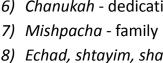
# Value: Dedication (to family/community/self) and Gifts of Light

In Hebrew: Kehillah, Chanukah, Or Holiday: Chanukah (December)

## In school -

### Terms to use:

- 1) Matana gift
- 2) Chinuch education
- *3) Or* light
- 4) Ner candle
- *5) Kehillah* community
- 6) Chanukah dedication
- 8) Echad, shtayim, shalosh, arbah, chamesh, shesh, sheva, shmoneh #1-8



## Books to read:

(there are so many - choose books that focus on bringing family together and lights something that is not "just" Jewish but a holiday theme for everyone)

## Songs to sing:

- 1) Lighting candles blessing:
  - Baruch atah, Adonai Eloheinu, Melech haolam, asher kid'shanu b'mitzvotav v'tsivanu l'hadlik ner shel Hanukkah
  - Baruch atah, Adonai Eloheinu, Melech haolam, she-asah nisim laavoteinu bayamim hahaeim baz'man hazeh.
  - Baruch atah, Adonai Eloheinu, Melech haolam, shehecheyanu v'kiy'manu v'hiqiyanu laz'man hazeh.
- 2) Hanukkah Oh Hanukkah The Kiboomers Preschool Songs for Circle Time -**Chanukah Song**
- 3) Pink Martini Ocho Kandelikas (HQ) with Lyrics and Translation (Ocho Kandelikas is Ladino - a Spanish and Hebrew language)



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#### Activities to do:

- Make a menorah out of anything that can hold candles clay, nuts/bolts/washers, legos, etc
- 2) Do a counting project: each day you focus on the number of that night's candle (i.e. Three Reduce, Reuse, Recycle a day to learn about trash and recycling, Five days of school creating a weekly calendar for each kid to know morning, noon and night routines for the school week, etc)
- 3) Put up a mezuzah in your classroom have each kid make a mezuzah (can use a test tube or you can buy wooden boxes) to put on their doors at home (they could write their own blessing to dedicate their room with what they want to do and how they want to feel in their space safe, quiet, play, etc)

## At home -

#### Activities

- 1) Light candles each night with the menorah they made at school (with or without blessing depending on if they are Jewish or not)
- Keep a number chart to keep track of each night of the holiday and reinforce counting
- 3) Put up the mezuzah as a dedication of their room
- 4) Come up with a week of giving gifts each night has a different theme: giving away clothes I do not wear, giving away books I do not read, giving away toys I do not play with, getting a new book to read as a family, getting a game to play as a family, getting something I can use for school, getting something I can share with my friends, etc.

- *1) Or* light
- 2) Chanukah dedication
- 3) Ner candle
- 4) Mishpacha family
- 5) Echad, shtayim, shalosh, arbah, chamesh, shesh, sheva, shmoneh #1-8



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## Value: Taking Care of Our Earth

In Hebrew: tza'ar ba'alei chayim, Tikkun Olam Holiday: Tu B'Shevat (Jan/Feb), Earth Day (May)

## In school -

### Terms to use:

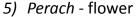
- 1) Etz tree
- 2) Olam world
- 3) Yarok green
- 4) Perot fruits

## Books to read:

- 1) Tu B'Shevat is Coming
- 2) Happy Birthday Tree!
- 3) Lily's Earth Story
- 4) My Friend Earth
- 5) We Are All Connected

## Songs to sing:

- 1) Tu bi'sh'vat higiyah, chag la'ilanot x2
- 2) My roots go down down into the earth, my roots go down My trunk stands strong strong in the wind, my trunk stands strong My branches reach reach for the sky, my branches reach My leaves they turn to the light, my leaves they turn My fruits I give give from my heart, my fruits I give My seeds they bring forth new life, my seeds they bring Shorashay amukim ba'adama, ba'adama
  - My Roots Go Down
- 3) If I Were A Tree (Tu B'shevat Song)
- 4) I've Got the Whole World in My Hands



- 6) Chayot animals
- 7) Shemesh sun
- 8) Mayim water



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#### Activities to do:

- 1) Go around the shul/school and pick up trash cleaning our world
- 2) Hands on learning: have a table or tub full of items that the kids have to sort out by trash or toys
- 3) Plant seeds of parsley to use for Passover talk about needing sun, water and soil, just like our bodies need water, sun and good food
- 4) Have a Tu Bishvat seder trying fruits and vegetables
- 5) Have kids take something home to take care of could be alive or a stuffed animal have the family document how they took care of the thing

#### At home -

## Activities:

- Give your kiddo responsibility to help with sorting trash and then taking the trash out every week
- 2) Plant an herb in a garden or in your kitchen that they can help water and watch grow
- 3) Come up with a chart so that each day they know that they're taking care of their bodies like we take care of the world: sun (play time outside), water, good for our body food
- 4) If you have a pet: have your kiddo help you bathe and feed the pet a way of showing that we take care of all living things

- 1) Tikkun Olam cleaning up our world
- 2) Mayim water
- *3) Etz* tree
- 4) Yarok green



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## Value: Made in Image of God, Feeling our Feelings Out Loud

In Hebrew: B'tzelem Elohim, Simcha

Holiday: Purim (Feb/March)

## In school -

#### Terms to use:

- 1) Elohim God
- 2) Simcha Joy
- 3) Masecha mask



- 4) Shir song
- 5) Panim face
- 6) Tzelem image

### Books to read:

(there are lots of books on diversity and inclusion - choose the ones best suited for your classroom and community mission)

## Songs to sing:

- 1) 4 Mitzvot 4 Purim! New Children's Purim Song
- 2) Mishenichnas Adar Marbim B'Simcha
  - יונינה- משנכנס אדר Yonina- Mishe Mishe
- 3) Head, shoulder, knees and toes
- 4) B'tzelem Elohim

### Activities to do:

- 1) Create a feelings board for each kid to put how they are feeling when they come into class
- 2) Have students do an "all about me": age, sex, height, skin color, eye color, hair color, glasses or not, curly or straight hair what they like to do, what they like to eat, what are they good at, etc (and take a picture to add to the page)
- 3) Make masks for them to wear as part of their dress-up and as a way of connecting to the Purim story of wearing costumes
- 4) Make a collage of classroom handprints or footprints
- 5) Make a book of family recipes (showing where every kid comes from, their differences, similarities and sharing with each other)

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## At home -

## Activities:

- 1) Make a growing wall to show how each family member is growing in different ways: height, skills, trying new things, taking care of pets, etc
- 2) Have a night to dive deeply into your culture through food, family stories, pictures, etc. to enhance the connection to being proud of who you are
- 3) Take silly dress up photos to bring to school in celebration of Purim

- 1) Elohim God
- 2) Simcha Joy
- 3) Masecha mask

- 4) Shir song
- 5) Panim face



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## **Value: Creating Family: From Generation to Generation**

In Hebrew: I'dor v'dor

Holiday: Passover (March/April)

#### In school -

#### Terms to use:

- 1. Mishpacha family
- 2. Dor generation
- 3. Seder meal with order
- 4. Mitzraim Egypt
- 5. Pesach Passover

## Books to read:

- 1) Sammy the Spider's First Passover
- 2) It's Passover Grover
- 3) Family Dynamics: Embrace Your Sound
- 4) A Handful of Buttons
- 5) The Family Book
- 6) My Family, Your Family
- 7) Acceptance is my Superpower

## Songs to sing:

1) Mishpacha Dishpacha Song

These are the members of my family, in Hebrew we call it *mish'pa'cha* (*mish'pa'cha*)

We all live in a bayit (a bayit), the home of my mish'pa'cha

There's my mom, that's eema say eema (eema)

My dad, he's abba, say abba (abba)

There's my brother he's ach, say ach (ach)

There's my sister, achot, say achot (achot)

My grandma, she's savta, say savta (savta)

There's my grandpa, he's saba, say saba (saba)

My aunt doda say doda (doda)

My uncle dod, say dod (dod)

My doggy, kelev, say kelev (kelev)

My fish, thats dog, say dog (dog)



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- 2) Dayeinu Dayenu: Learn the words to the Passover Seder song
- 3) L'dor v'Dor 🔼 L'dor Vador (From Generation to Generation)
- 4) L'chi Lach Debbie Friedman Tribute L'Chi Lach
- 5) Priestly Blessing Y'varechecha

#### Activities to do:

- 1) Family tree have the parents come in for a day at school and they can fill out a family tree with their kid. They can bring in pictures, have the kids decorate and have a chance to share a bit about their family. This can be combined with the family recipe book from earlier in the year
- 2) Model seder use the different symbols of Passover to share in the experience of passing down tradition, storytelling and history in community: washing hands, grape juice to bring joy, parsley dipped in salt water to acknowledge challenge, eating spring produce, matzah to tell the story of leaving when things are tough kids can sing songs from passover and families can be asked to share their stories of family and freedom
- 3) Have teachers share about their families during circle time
- 4) Create seder plates for kids to take home and use at their Passover seder or as a way of sharing the story of Passover

#### At home -

#### Activities:

- 1) Share family photos and videos in preparation for the family tree
- 2) Create a family playlist of songs everyone likes and listen to them in the car
- 3) Pick a night to have a symbolic dinner, like the Passover seder, where you can share foods, symbols, stories and memories from past generations

- 1) L'dor v'dor from generation to generation
- 2) Mishpacha family
- 3) Seder meal with order



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**Value: Learning** 

In Hebrew: Torah Lish'ma

Holiday: Lag B'Omer/Shavuot (May/June)

## In school -

#### Terms to use:

- 1) Torah book of learning/stories of Jewish people
- 2) Moreh male teacher, Morah female teacher
- 3) Beit Sefer school
- 4) Kehillah community
- 5) Tefilla prayer

## Books to read:

- 1) Bedtime Stories of Torah Values
- 2) JPS Illustrated Children's Bible
- 3) Simchat Torah is Coming
- 4) Bedtime Shema
- 5) Goodnight Sh'ma

## Songs to sing:

- 1) Torah, Torah, Torah x2 Torah tzi'va'lanu Moshe 🔼 Torah Tzeevah Lanu Moshe
- 2) Little Torah

Oh little Torah, I love you so

I want to hold you and never let you go

Round and round I dance with you

Hold you tight and kiss you too

Oh little Torah, oh little Torah, oh little Torah I love you

- 3) Hebrew Aleph Bet Debbie Friedman The Alef Bet (2001)
- 4) ABC song The ABC Song
- 5) Modeh Ani lyrics video: Learn the words to the Jewish morning blessing
- 6) Halleluyah Psalm 150 Phallelu



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#### Activities to do:

- 1) Daily Hebrew letter tracing (pencil, shaving cream, paint, sand, chocolate spread, whipped cream, markers, glue and buttons, etc) and English sound equivalent (i.e bet is B)
- 2) Create their own Torah scrolls of stories (probably start at the beginning of the year): use paper towel rolls and every time the kids do a project, tape/glue it to the next one creating a scroll of their year at the end of the year put another paper towel roll at the end
- 3) Make a box of creation using a shoe box, each day make something new that represents creation: light and dark, sky and sea, animals of sea and land, etc
- 4) Create individual 10 commandments: learn those that make sense for this age (honoring father and mother, not saying bad words, taking a day to rest, being happy with what you have, not taking other people's things, etc) and then have the kids come up with their own (i.e. be nice, do not hit, walk my dog, etc)
- 5) For mother/father's day have the kids create something around "respecting parents" as a commandment

#### At home -

#### Activities:

- 1) Come up with a family 10 commandments list
- 2) Make a book pact i.e. read one book per night, certain number of books per week, etc
- 3) Take on some kind of new learning as a family instrument, language, cooking, etc Torah lishma is learning for learning's sake
- 4) Learn the Hebrew and English alphabet together
- 5) Come up with a bedtime prayer routine for whatever religion you have a way of connecting you and your kiddo to a spiritual practice before sleep

- 1) Aleph bet Hebrew alphabet
- 2) Torah Jewish Bible
- 3) Moreh male teacher, Morah female teacher
- 4) Tefilla prayer

