

#BJEBuildingKindness

Photo Scavenger Hunt: Complete the tasks, take a selfie, post with the hashtag & nominate your friends!

"The highest form of wisdom is kindness." -Talmud Brachot 17a



- Reach out to (call/e-mail/conversation) an essential worker to ask how they are doing
 Jewish Value: Chesed/Caring
- Leave a bottle of water/packaged snack (that you've wiped down) for your postal worker in the mail box or at your front door.
 Jewish Value: Kavod/Respect
- 'Chalk' a message of positivity, kindness and hope on the sidewalk!
 Jewish Value: Sever Panim Yafot/Kindness, Warmth & Positivity
- Take part in Tzedakah (charity) drive - via synagogue, organization, personally etc.
 Jewish Value: Tzedakah/Giving to Others
- Video chat (and take a picture) with someone who is quarantined alone to let them know that you are thinking of them.
 Jewish Value: Kehillah/Community
- Water plants in your neighbor's yard or in public/communal spaces
 Jewish Value: Tikkun Olam/Repairing the World
- Make and hang a sign with a positive message in a window or yard
 Jewish Value: Achrayut/Responsibility
- Send a video message or thank you-note to your teacher or someone who has helped you get through a difficult period.
 Jewish Value: Hodaya/Gratitude
- Video chat with a friend you miss to tell them you are thinking of them
 Jewish Value: Haverut/Friendship

Special thank you to our partner organizations for helping to make the world a better place!

#BJEBuildingKindness resources & information can be accessed on our website:
www.bjela.org/Kindness

